



# **SOREN** MEDICAL GROUP

## **INTRODUCING SOREN MEDICAL GROUP'S IN-HOME SPORTS RECOVERY AND INJURY PREVENTION PROGRAM, HOMESTRETCH.**

Get Professional Sports Care Without Leaving the House

SOREN MEDICAL GROUP is a home-based care provider delivering nursing, physical therapy, and wellness services to patients in the comfort of their own homes. Known for compassionate care and clinical excellence, SOREN MEDICAL GROUP serves patients ranging from post-surgery recovery to chronic condition support.

## Get Professional Sports Care—Without Leaving the House

Do you enjoy going to the doctor's office for physical therapy? No way! No one does. Your world revolves around your home and the comfort it brings. We get it. At SOREN MEDICAL GROUP, we believe that recovery should meet you where you are—literally. That's why we're launching **HomeStretch**, our Sports Recovery and Injury Prevention Program, with therapy service in your home.

**HomeStretch** is for all athletes—whether you're a baseball pitcher with a rotator cuff injury, a tough mudder who sprained their ankle, or a former pro with a familiar hitch in your giddy up, SOREN MEDICAL GROUP can help.

### Who We Help

**HomeStretch** was designed specifically for

- Student athletes who need to get back on the field or court
- Weekend warriors who deal with nagging pain but want to stay active
- Former athletes who want to maintain flexibility and recover quickly from surgery

Performance. Sustained recovery. Quick results. That's what we're all about.

### What Makes Us Different?

SOREN MEDICAL GROUP's **HomeStretch** offers more than physical therapy. It's an experience tailored to your needs and backed by clinical expertise and real-world sports experience.

### We Come to You

No more traffic jams and hot waiting rooms. Choose a time and date that works for you.

### Tailored Treatment

Your needs are specific to you. We create your plan based on age, injury history, and performance goals.

### Therapists with Sports Expertise

We've got the chops. Our clinicians are highly experienced in sports medicine, rehabilitation, and athletic performance.

### Family Support

We keep parents and caregivers in the loop. We provide home support techniques and recovery answers.

### We Take Initiative

Our physical therapists are proactive—they help you build strength and improve flexibility so you can prevent injuries before they happen.

### Faster Recovery

It all boils down to this, right? If you're engaged in your therapy, you'll heal faster. Being at home allows for consistency and commitment to your healing.

### Holistic Approach

You are more than your injury. SOREN MEDICAL GROUP'S **HomeStretch** program goes beyond the physical.

We care about your body and mind wellness. We offer ways to support your mind as well as your body.

Resilience is a state of mind. We help you thrive, not just survive.

- Mindfulness and breathing techniques
- Advice for proper nutrition during healing
- Customized warm-up and cool-down routines
- Sleep and rest support

### SOREN MEDICAL GROUP's Expertise Is Unparalleled

This isn't our first time at the rodeo! SOREN MEDICAL GROUP has spent 75 years redefining clinical expertise and compassionate care. We have very high standards and we're not afraid to say so. Our team is comprised of experienced, licensed professionals who understand athletes and their needs.

## **SOREN MEDICAL GROUP's Clinicians Trained at Top Universities**

Our extensive team of sports therapists and specialists bring knowledge and hands-on experience from the best programs in the United States. They trained at institutions such as:

- [University of Southern California \(USC\)](#)
- [University of Michigan](#)
- [Washington University in St. Louis](#)
- [University of Florida](#)

Our clinicians are certified in cutting-edge sports medicine and rehabilitation programs. They are continually learning and excelling in new technology and techniques. When you use SOREN MEDICAL GROUP therapists, you're receiving treatment using the latest research and best practices in sports recovery and injury prevention.

## **What Clients Are Saying**

### **Don't Take Our Word for It—the Testimonials Speak for Themselves**

“Sometimes our student athletes need more than we can provide on campus. We always refer them to SOREN MEDICAL GROUP. They understand how demanding sports can be on a young athlete, and they know how to keep recovery on track. I feel like they're truly invested in helping athletes get back in the game.”— [Tim J., Certified Athletic Trainer, Trenton State University Athletics Department](#)

“SOREN MEDICAL GROUP helped me recover after I tore my meniscus. Their therapists were very professional and knowledgeable. If they're now offering that service for in-home recovery, I'm a loyal client forever.” — [Andrea M., weekend warrior](#)

“When my son tore his ACL, we were a bit dazed. We needed to get him back on the soccer field ASAP. We found SOREN MEDICAL GROUP for post-surgery recovery, and I'm so glad we did. The care team was professional, patient, and truly understood how to work with a teenager. I trust them completely—which is why we're excited about **HomeStretch**.” — [Kelli Jo P., parent of a high school soccer player](#)

### **The Real MVPs—Our Trusted Clinicians**

Our licensed physical therapists and nursing staff always bring their A game. Now they bring that expertise to you.

“SOREN MEDICAL GROUP's therapists have helped college athletes and active adults alike. They're so well-versed in sports injury care. I fully trust them.”— [Dr. Ben J., Orthopedic Specialist](#)

“When we refer patients to SOREN MEDICAL GROUP, we know they'll be taken care of. Their clinical team consistently demonstrates a high level of expertise, particularly in cases that involve post-operative recovery and athletic injuries. They communicate clearly, follow protocols closely, and approach each patient with both precision and compassion. They're a trusted extension of our care.”

— [Dr. Renee B., Orthopedic Surgeon](#)

## **Watch Our Intro Video [Insert video thumbnail and link here]**



## **Sports Injury Recovery White Papers**

SOREN MEDICAL GROUP has conducted sports injury recovery research for 75 years. We've seen all kinds of injuries and issues related to sports injuries. In 2015, we learned that recovery time is a defining factor for athletes. Our White Paper defines slow recovery, common injury types, expected timeframes, return to play (RTP), and factors influencing recovery. (White Paper lists common sports injuries, guidelines for recovery timeframes, and acknowledgement that individual recovery timelines can vary significantly based on severity, treatment, and individual factors.

Get back in the game! Schedule your first in-home session and feel the recovery starting already – we're behind you with a full team.

## **Ready to Hit the Ground Running?**

SOREN MEDICAL GROUP is ready to help—on your schedule and in your home. Our plans are tailored to your specific needs.

## **Get Going with SOREN MEDICAL GROUP's HomeStretch Program Now**

- [Free First Consultations](#)
- [Flexible Appointments](#)
- [Insurance and Private Pay Options](#)

**[Schedule Your Consultation Today]**

